



COMMUNITY HEALTH TRUST

of Pajaro Valley

FOR IMMEDIATE RELEASE

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Community Health Trust Announces Return of the Annual Health Fair Promoting wellness and equity

Watsonville, California – The Community Health Trust of Pajaro Valley (CHT) is proud to announce the return of its annual community Health Fair on Friday, October 1, 2021 at the Watsonville City Plaza from 3:00 PM – 7:00 PM.

CHT encourages the community to take advantage of this event. Admission is free to the public with something for the whole family. “We are excited to bring back this event,” said DeAndre’ James, Executive Director for CHT. “Our hope is to create awareness of the health resources in the Pajaro Valley, increase equitable access to health services, and to empower individuals to take care of their wellbeing, which is especially important as we continue to navigate the pandemic.”

Health fair activities include:

- Wellness screenings
- Community resources for healthier living
- Mental Health support
- Prizes
- Entertainment
- Music

And more.

We welcome non-profit organizations to sign-up to host informational booths at the event.

For event details or to register to table, visit <https://pvhealthtrust.org/healthfair/>.

Special thanks to our sponsors Grand Canyon University and Second Harvest Food Bank.

About Community Health Trust of Pajaro Valley: Founded in 1998 and serving a tri county area, the Community Health Trust is recognized for its leadership as a convener in the South Santa Cruz County area. CHT is motivated to foster an equitable Pajaro Valley with health, wellness and a full quality of life for all through access to resources, activities, and choices that help prevent illness and improve quality of life.

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