

## Featured Grantees of 2015-16

Each year, the Health Trust provides approximately \$185,000 in small grants to nonprofit organizations whose efforts promote health and quality of life for Pajaro Valley residents. Grant funding connects people to healthcare in times of need, but also strengthens organizations that are helping people to make health-improving lifestyle choices – to eat healthier, exercise regularly, and take steps to respond to factors in their lives that cause disease or lead to good health.



**Food, What?! — \$15,000**, Funding for this project provided life-changing food education and leadership development for Watsonville-area youth as well as organic fruits and vegetables in a weekly summer produce box.



**Ecology Action — \$10,000**, this project aims at reducing childhood obesity through “Safe Routes to School” initiatives that educate, reward and train children and their families to increase daily biking and walking to school.



PAJARO VALLEY  
**COMMUNITY**  
**HEALTH TRUST**

# 2016 Annual Report

***Improving the  
health and quality  
of life for all people  
of the Pajaro Valley,  
especially the most  
disenfranchised.***

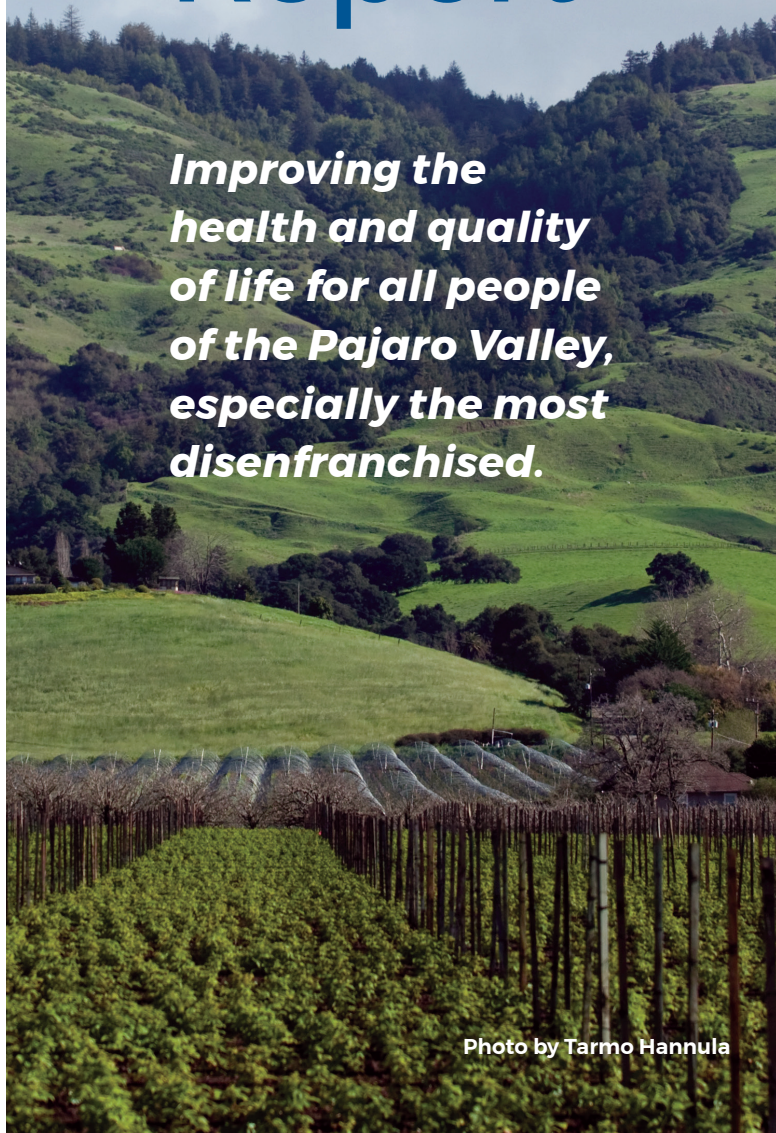


Photo by Tarmo Hannula



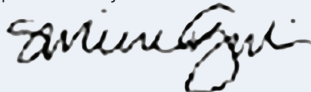
## Dear Friends of the Health Trust:

For nearly two decades, the Health Trust's founding CEO, Kathleen King, worked closely with board and staff to guide the organization as it provided over \$8 million in grants and program investments to improve the well-being of thousands of Pajaro Valley families. In July 2015, Kathleen announced she planned to retire, and for the very first time in its history, the organization had to prepare for a major leadership transition.

In September 2016, the Health Trust appointed Caitlin Brune, MPH, to the CEO position. Caitlin earned her Master's in Public Health from U.C. Berkeley and brings more than 20 years of professional experience in diverse nonprofit organizations. Her knowledge of the Central Coast, robust professional networks and strong interpersonal skills will expand the Health Trust's contributions to the well-being of Pajaro Valley residents. Caitlin assumed the CEO post full-time in January 2017.

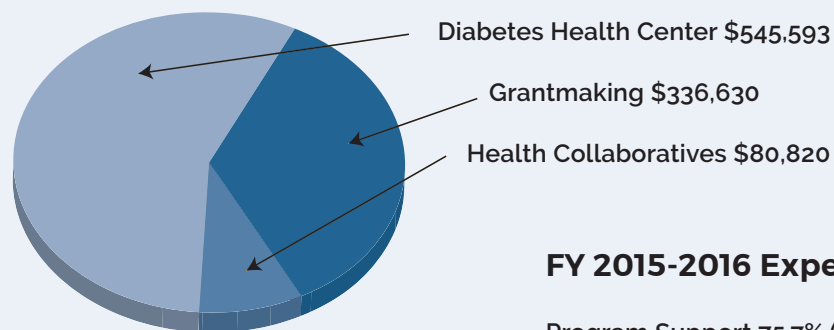
The Health Trust's board is fortunate to have identified an experienced nonprofit leader to succeed Kathleen, and we trust you will meet Caitlin in the days ahead. By carefully guiding this leadership transition, the board has every confidence that the Health Trust is poised to address the future health challenges that our community may face.

Respectfully,

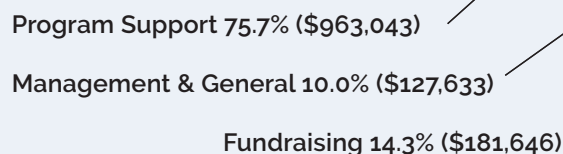


Suzanne Mine-Eguchi, Board Chair  
Pajaro Valley Community Health Trust

### Total Program Investments: \$963,043

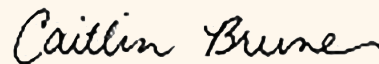


### FY 2015-2016 Expenses



Suzanne Mine-Eguchi, Board Chair and  
Caitlin Brune, CEO

"I am honored by the opportunity to serve as CEO of the Health Trust. I am grateful for the collective wisdom of former and current staff and countless community partners; together they have established a healthy organization that has contributed greatly to the well-being of Pajaro Valley residents. I look forward to stewarding the resources of the Central Coast's only community Health Trust to promote good health and well-being for all."



Caitlin Brune, MPH  
Chief Executive Officer

## Please Join Us!

To us, "good health" means more than just a functioning body. We envision a community where every resident has access to **whole person health and healthcare**. This means **nutritious food, safety, a sense of belonging, a clean environment, adequate shelter, and the opportunities necessary to achieve his or her full potential**.

We believe that **good** health is essential to experiencing **good** quality of life, and that **everyone** deserves to enjoy these basic **goods**.

Your support will help us provide health education and nutrition therapy to people living with health concerns like diabetes, and it will fuel our grantmaking to local nonprofits that share in the vision of **whole person health**. Every dollar contributed connects people to health-improving resources.

Please join us!

