

Gift Information

Gifts are tax-deductible to the extent allowable by the US IRS (#94-1149702)

Name

Address

City/State/Zip

(Options) Gift is ...

☐ In memory of

☐ In honor of

☐ Anonymous

(Option) Send notice of this gift without reference to amount to ...

Name

Address

City/State/Zip

Gift Amount

☐ \$1,000 ☐ \$500 ☐ \$100 ☐ Other \$

☐ Check Enclosed

☐ Charge My Credit Card

☐ MasterCard ☐ VISA ☐ American Express

Name on Card

Card #

Security Code

Expiration Date

Signature

I am interested in more information. Please contact me ...

☐ By Mail

☐ By Email at

☐ By Phone at



For more information about the Health Trust, please call 831-761-5639 or visit www.pvhealthtrust.org.

The PV Health Trust is a 501(c)3 nonprofit organization.

Place
Stamp
Here

Pajaro Valley Community Health Trust
85 Nielson Street
Watsonville, CA 95076



Featured Grantees of 2017-18

In FY 2018, Health Trust grants sustained and strengthened 17 local organizations. These groups educate youth and adults about healthy nutrition, build skills that help prevent chronic disease, and offer structure and social support to help individuals reach health goals. Grantee organizations also help bridge gaps in access to mental and oral healthcare, where needs are great. We highlight two grantee-partners' efforts below. Learn more at www.pvhealthtrust.org/grantmaking.

Vista Center for the Blind and Visually Impaired

(\$6,000) —A regional nonprofit focused on individuals with sight impairments, Vista Center (VC) received its first Health Trust grant to expand programs to Watsonville. VC's optometrists provide assistive devices, services, and support to alleviate fear for people dealing with vision loss. With grant funding, VC identified and provided direct assistance to 34 Pajaro Valley residents with visual impairments

Christel Morris of Watsonville uses VC's support to cope with Retinitis Pigmentosa, She observes:



"Gradually losing one's eyesight means losing one's independence, a fear that has a grip on you every day. Vista Center gives me the strength to go forward. . . to focus on things I can do, not what I have lost."

PVUSD Extended Learning/Fitness 4 Life

(\$40,000 since 2013) — Fitness 4 Life (F4L) provides after school classes for youth at 18 schools in Pajaro Valley Unified School District, offering interactive and engaging classes to 3,100 youth annually to provide them the tools and resources for a healthier future. F4L youth benefit from nutrition, swimming, biking, dance and garden classes. F4L empowers growing bodies and minds with nutrients needed to flourish!



PAJARO VALLEY
COMMUNITY
HEALTH TRUST

2018 Annual Report

Improving health and
quality of life for all people
of the Pajaro Valley



Pajaro Valley Community Health Trust
85 Nielson Street
Watsonville, CA 95076

Nonprofit Org.
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Watsonville, CA

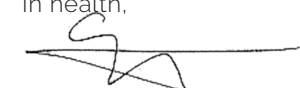
Dear Friends,

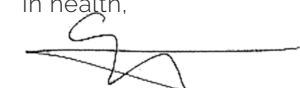
Observe a working farm and you'll understand the imperatives of *teamwork*, *humility* and *responsiveness*. Marvelous maneuvering cozies a 100 foot-long irrigation pipe into a trench, secures branching valves and lines, and calibrates timers for optimum plant hydration. Racing against time, a masterful choreography at harvest time mobilizes all to gather, sort, wash, pack and label. On a well-run farm, exchanges respond to complex and evolving conditions. Humans act with respect to the weather, the land and creatures, attentive to the largest container and smallest interdependencies affecting desired outcomes. As a result, land and creatures are nourished *and* nourish. There's a mutual give-and-take. The whole becomes greater than aggregated parts. People and ecosystems flourish, manifesting the Health Trust's mission: *to improve health and quality of life for all*.

We in the nonprofit health sector can learn from this fine-tuned interplay of people and resources. Too often, we run the risk of siloization. We risk believing that medical professionals are responsible for *healing* rather than *treating* individuals. While treating is important, *healing* acknowledges and responds to the individual within a broader constellation of relationships, environments, and personal history. ***Healing* invites efforts across sectors to address factors that influence poor health and ensure that the places we live, work, play and are fostering well-being.**

At the Health Trust, we pledge to draw lessons from the heart of our healthcare system – successful farms – and consistently hone our teamwork, humility and responsiveness. Only by truly pulling together across all domains that influence quality of life, can we savor the "harvest" of a community where every member flourishes. *Thanks for supporting our efforts!*

In health,


Caitlin Brune, MPH
CEO

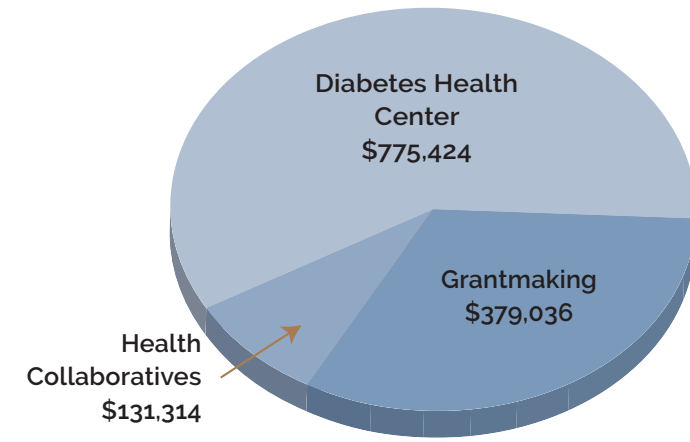

Shebreh Kalantari Johnson,
MSW, Board Chairperson

Mission Statement

Since 1998, the Pajaro Valley Community Health Trust has worked to improve health and quality of life for Pajaro Valley residents. We provide direct health services, support health promotion through grants to local nonprofits, and bring people together to develop and share good practices for fostering individual and community health. Find out more at www.pvhealthtrust.org. The Health Trust is a 501(c)3 nonprofit health foundation with federal tax ID #94-1149702.

Fiscal Year 2017-18 Summary

Support and Revenue:	FY 2018 Total
Miscellaneous revenue	\$7,269.00
Grants, contributions, donations & special events revenue	\$513,354.00
In-kind contributions	\$252,711.00
Fees for services	\$98,229.00
Net investment income	\$1,,045,979.00
Total support & revenue:	\$1,917,542.00
Expenses	
Programs	\$1,285,774.00
Fundraising	\$233,590.00
General & administrative	\$181,313.00
Total Expenses	\$1,700,677.00
Increase (decrease) in net assets from continuing operations	\$226,865.00
Discontinued operations-additional gain (loss) on sale of hospital assets	(\$115,275.00)
Increase (decrease) in net assets	\$111,590.00
NET ASSETS, BEGINNING OF YEAR	\$16,385,575.00
NET ASSETS, END OF YEAR	\$16,497,165.00



Total Program Investments: \$1,285,774

Find Our FY2018 Audited Financial Statements at:

www.pvhealthtrust.org/about-us/strategic-plan-financials

Please Join Us!

For 20 years, **Community Health** has been at the heart of our name. **Community Health** drives us to strengthen nonprofits that teach young people healthy eating habits and safe, fun ways to stay active. **Community Health** motivates us to provide nutrition and lifestyle counseling to those with chronic health concerns. And **Community Health** motivates us to promote access to healthcare for all those lacking good options. We invite you to extend our 20-year legacy and participate in fostering individual and **Pajaro Valley Community Health**. *Your dollar* connects people to health-improving resources. **Join us!**



"My work with the Health Trust around collective impact and health in all policies was the foundation of my platform and my electoral success. It guided and informed my conversations with every resident I had the privilege to speak with. Throughout my campaign, it became evident that residents care about the health, wellbeing, and creating a sustainable and thriving community."

— Francisco Estrada
Program Officer, Pajaro Valley
Community Health Trust
& Mayor, City of Watsonville